

 **Mountain West Gastroenterology**
Patient Information Sheet – EGD/Enteroscopy

<input type="checkbox"/> Oscar A. Batista, M.D.	<input type="checkbox"/> Edward J. Frech, M.D.	<input type="checkbox"/> Randall J. Ryser, M.D.
<input type="checkbox"/> Mark E. Boschert, M.D.	<input type="checkbox"/> Gordon E. Harmston, M.D.	<input type="checkbox"/> Michael J. Sossenheimer, M.D.
<input type="checkbox"/> Christopher C. Canale, M.D.	<input type="checkbox"/> Clarke A. Hilbig, M.D.	<input type="checkbox"/> I. Raymond Thomason, M.D.
<input type="checkbox"/> Brett W. Doxey, M.D.	<input type="checkbox"/> Robert G. Jones, M.D.	
<input type="checkbox"/> Peter C. Fenton, M.D.	<input type="checkbox"/> D. Rayburn Moore, M.D.	

You have been scheduled for an examination of the upper gastrointestinal tract (esophagus, stomach, and a part of the small intestine). This is done by looking at the lining of the esophagus, stomach, and intestine with a lighted video tube. The tube is thinner than most foods that you swallow. It is important that you do not eat any solid food within twelve hours of your procedure. You may have sips of water until 2-3 hours prior to your procedure.

The morning of the test you will be given medicines to help you feel relaxed and comfortable. **Tell your doctor and nurse if you have any medication or food allergies.** Once you are relaxed, the doctor will examine your upper GI-tract with the endoscope while you are in a comfortable position lying on your side. The endoscope is passed through the mouth, esophagus and stomach into the small intestine. The endoscope does not interfere with your breathing. Most patients are asleep during the procedure and do not report any discomfort. The examination usually takes 5-15 minutes. If anything unusual is seen in your upper GI-tract, like a polyp or inflamed tissue, biopsies (small pinches of tissue) can be taken through the tube. These biopsies are not painful. Larger lesions can be removed as well using a snare or similar device. The tissue samples are then sent to the laboratory for examination by the pathologist using special stain techniques and a microscope.

After the exam is completed, most patients are awake enough to leave within an hour. However, for safety reasons, you cannot drive or operate machinery, tools or appliances until the following day as the full effect of the medicine may wear off slowly. Before you leave, preliminary results will be discussed with you and your relative.

Although an endoscopy is generally very safe, bleeding may occur from a biopsy or polypectomy site or where a dilation, band ligation or similar intervention was performed. Bleeding is usually minimal and only rarely requires blood transfusions or surgery. Complications such as a incomplete exams, missed lesions and perforation (a tear that might require surgery for repair) are very rare. It is important for you to recognize early signs of any possible complication. If you begin to run a fever after the test, begin to have trouble swallowing, or have increasing throat, chest or abdominal pain, let your physician know about it promptly

Any questions you have about this examination or its possible complications should be discussed with the doctor before the exam begins.

7 DAYS PRIOR TO YOUR EXAM:

- If you have a heart condition, had a recent heart attack, stroke or cardiac stent placement, are taking **Aspirin and/or Plavix**, you should discuss this with your Cardiologist and/or Primary Care Physician prior to stopping any of these anti-clotting agents. While aspirin alone likely does not increase bleeding risks, the combination of Aspirin and Plavix may well increase the procedure risk. Yet stopping both or one of these agents may not be safe without discussing this with your Cardiologist and/or Primary Care Physician.
- It is equally important to discuss and review the usage of **Coumadin**. An appropriate taper or substitution maybe needed. You should discuss this with your Cardiologist, Neurologist or Primary Care Physician and let our office know how to manage your blood thinners prior to the procedure.
- If you have had a mechanical heart valve, history of deep clots in your legs, or a pulmonary embolism, you may need **Lovenox** or **Heparin** up to the day of your procedure and possibly after the procedure.
- If you have **diabetes**, please follow our attached guidelines and discuss this with your Primary Care Physician.

3 DAYS PRIOR TO YOUR EXAM:

- If possible stop taking all anti-inflammatory medicines such as **Ibuprofen, Advil, Naproxen, Excedrin, Aleve or similar**.
- You can take Tylenol for pain.

THE DAY OF YOUR EXAM: *You may not eat any solid food until after your procedure!*

- If you have diabetes, test your blood sugar before coming in for your exam and bring the reading with you. If you take oral medications for your diabetes, don't take them the morning of your procedure unless otherwise instructed by your doctor. If you take insulin, bring your insulin with you. If you take insulin in the morning, take only ½ of your usual dose.
- Remember to TAKE YOUR USUAL MEDICATIONS (no blood thinners, no NSAIDS, no aspirin, no Plavix) the morning of your procedure.
- It is important that you do not eat any solid food within twelve hours of your procedure.
- You may have sips of water until 2-3 hours before your scheduled exam. **You may have nothing by mouth including water, candy or gum 2 hours before your scheduled arrival time. Having anything by mouth within two hours of your procedure may result in cancellation or postponement.**
- **Nursing Mothers** – please “pump and dump” twice after the procedure before resuming breastfeeding.

Please bring someone with you to the endoscopy center to drive you home, as you will be sedated/anesthetized for the exam. Taxi drivers are not allowed. You may not drive for 12 hours.

You will be in the Endoscopy Lab for approximately three hours. The doctor will talk to you after the exam and will give you recommendations for diet, medication, follow up care, etc. Wear comfortable clothing; bring your glasses, hearing aids, insurance card(s) and completed information form. For your safety, no jewelry should be worn **anywhere on your body** the day of your procedure. No valuables should be brought to the center. We are not responsible for patient valuables.

We will expect payment of co-pays, coinsurance and deductibles at the time of service. If your insurance requires a referral, you should contact your primary care physician to arrange for us to receive the referral prior to the procedure.

Additional information can be found at our website www.mwgi.com.

You may receive FOUR separate bills for this procedure: 1 - Physician, 2 - Facility, 3 – Pathology, 4-Anesthesia

YOUR PROCEDURE IS SCHEDULED AT THE FOLLOWING TIME AND PLACE:

- Mountain West Endoscopy Center, 6360 South 3000 East, Ste 320, SLC, UT.**
801-944-3166
If not contacted by the day before your procedure, call 801-944-3166 to pre-register.
- Intermountain Medical Center, 5121 South Cottonwood Drive, Murray, UT.**
801-507-3262
Check in at the Eccles Outpatient Building, Level 2. Free Valet Parking Available.
Call the day before your procedure to pre-register, 801-442-8600 or toll free 888-269-8674
- Davis Hospital & Medical Center, 1600 Antelope Drive, Layton, UT.**
801-807-7034 Use the ER Entrance
- Lakeview Hospital, 630 E Medical Dr, Bountiful, UT.**
801-299-4657
South Entrance, Same Day Surgery Registration.
- Lakeview Endoscopy Center, 620 E Medical Dr, Suite 200, Bountiful, UT.**
801-299-6760
Call the day before your procedure to pre-register
- LDS Hospital, 8th Avenue & C Street, SLC, UT. ~Dr. Batista Only~** 801-408-1057
Entrance West Wing of Hospital. Call the day before your procedure to pre-register, 801-442-8600 or toll free 888-269-8674. Free Valet Parking Available.
- Riverton Hospital, 3741 West 12600 South, Riverton, UT.**
Riverton Hospital will call you prior to your procedure.

For Questions please call our office at _____

Patient Signature: _____

Date: _____

Patient Name (print): _____

Date of Birth: _____