



Mountain West Gastroenterology

Instructions for Liver Biopsy

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| <input type="checkbox"/> Gordon E. Harmston, M.D. | <input type="checkbox"/> Clarke A. Hilbig M.D. | <input type="checkbox"/> I. Raymond Thomason, M.D. |

7 DAYS PRIOR TO YOUR EXAM: Stop taking **Aspirin, Ginkgo Biloba** or **Plavix**. Tylenol is okay to take. If you have a heart condition, had a recent heart attack or cardiac stent placement, then you should discuss this with your Cardiologist or Primary Care Physician prior to stopping any anti-clotting agents. If you are taking blood thinners such as Coumadin, then you should discuss with your Cardiologist or Primary Care Physician how to manage your blood thinners, and, **IF** you should stop it before your procedure. However, if you have had a mechanical heart valve, history of a deep clot in your leg, or a pulmonary embolism, then you may need Lovenox or Heparin up to the day of your procedure. If you have diabetes, please follow our attached guidelines.

3 DAYS PRIOR TO YOUR EXAM:

Stop taking all anti-inflammatory medicines such as Ibuprofen, Advil, Naproxen, or Aleve. You can take Tylenol for pain.

THE NIGHT BEFORE YOUR EXAMINATION, you should fast after midnight unless otherwise noted. This includes all liquids and solids.

You will be instructed to report to the lab for blood work 24 hours prior to the biopsy. Please call the number listed below for these orders if you have not been contacted.

THE DAY OF YOUR EXAMINATION

You will be at the hospital for approximately 4 hours after your biopsy, so you may want to bring something to occupy your time – such as a book. You will not be allowed to drive yourself home following this procedure. You will need to avoid any strenuous activity or heavy lifting for 2 days after your biopsy. Call our office 7-10 working days after the biopsy if you have not already been contacted.

YOUR PROCEDURE IS SCHEDULED AT THE FOLLOWING TIME AND PLACE:

- Mountain West Endoscopy Center, 6360 South 3000 East, Ste 320, SLC, UT.**
801-944-3166
If not contacted by the day before your procedure, call 801-944-3166 to pre-register.
- Intermountain Medical Center, 5121 South Cottonwood Drive, Murray, UT.**
801-507-3262
Check in at the Eccles Outpatient Building, Level 2. Free Valet Parking Available.
Call the day before your procedure to pre-register, 801-314-4395
- Davis Hospital & Medical Center, 1600 Antelope Drive, Layton, UT.**
801-807-7034
Use the ER Entrance
- Lakeview Hospital, 630 E Medical Dr, Bountiful, UT.**
801-299-4657
South Entrance, Same Day Surgery Registration.
- Lakeview Endoscopy Center, 620 E Medical Dr, Suite 200, Bountiful, UT.**
801-299-6760
Call the day before your procedure to pre-register
- LDS Hospital, 8th Avenue & C Street, SLC, UT. ~Dr. Batista Only~**
801-408-1057
Entrance West Wing of Hospital. Call the day before your procedure to pre-register, 801-314-4395. Free Valet Parking Available.
- Riverton Hospital, 3741 West 12600 South, Riverton, UT.**
801-285-2775
Main entrance (Northeast corner) sign in at kiosk, take a pager and admitting will come get you from the waiting area.

You may receive THREE separate bills for this procedure: 1-Physician, 2-Facility, 3-Pathology

Questions – Call _____