



**Mountain West Gastroenterology, P.C.**  
**St. George Office**

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Gastroenterology – Liver Diseases – Diagnostic and Therapeutic Endoscopy

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**PATIENT INFORMATION SHEET**  
**EGD**

You have been scheduled for an examination of the upper gastrointestinal tract (esophagus, stomach, and a part of the small intestine). This is done by looking at the lining of the esophagus, stomach and intestine with a lighted tube. The tube is thinner than most foods that you swallow. **It is important not to eat solid food twelve hours prior to your procedure. Stop clear liquids three hours prior to the procedure.**

The morning of the test you will have your blood pressure and pulse checked. Then you will be asked to lie down on the examination table. A small IV catheter will be put into a vein in your arm or hand so that medicine to relax you can be given. The medicines that are usually given are Fentanyl (a narcotic) and/or Versed (a sedative). In addition, the back of your throat may be sprayed with a numbing medicine to prevent gagging. Once you are relaxed the doctor will help you swallow the tube (endoscope). After the tube has been swallowed, the examination takes 5-15 minutes. If abnormalities are seen, biopsies (small pinches of tissue) can be taken through the tube. These biopsies are not painful. The biopsies are then sent to the laboratory for examination by microscope. The endoscope is taken out after the exam is completed. Most patients are awake enough to leave within an hour. However for safety reasons **you cannot drive** or operate dangerous machinery, tools or appliances, until the following day, as the full effect of the medicine wears off slowly. Before you leave, a check-out sheet will be given to you explaining the results of the test.

Possible complications from the test include abdominal pain or cramping, belching, sore throat, and soreness, or redness and/or bruising at the IV site. In addition, more serious complication can occur. These include, but are limited to, heart or breathing problems which occur in 1/1,000 exams, perforation (making a hole in) or tears of the intestinal tract occurring in 1/3,000 exams, bleeding which occurs in 1/3,000 exams, and death, which are rare, occurring in less than 1/5,000 exams. If any of these complications occur, hospitalization, transfusions, or surgery may be necessary.

Any questions you have about this examination or its possible complications should be discussed with the doctor before the exam begins.

The risk of bleeding complications is increased if you are taking aspirin and *Plavix*. If you have had a heart stent placed, it is recommended that you remain on *Plavix*, but stop the aspirin 7 days prior to your exam if your cardiologist agrees.

Patient Signature: \_\_\_\_\_ Date \_\_\_\_\_, 2010

Please bring someone with you **to drive you home**, as you will be sedated for the exam. The doctor will talk to you after the exam and will give you recommendations for diet, medication, follow up care, etc. Wear comfortable clothes, bring your glasses, hearing aids, insurance card(s) and completed forms. We will expect payment of co-pays, coinsurance and/or deductible at the time of service. If you have any questions please call (435) 673-1149 or visit our website [www.mwgi.com](http://www.mwgi.com).

You may receive **THREE** separate bills for this procedure 1- Physician 2- Facility 3- Pathology.