



Mountain West Gastroenterology

Upper GI Prep Instructions

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7 DAYS PRIOR TO YOUR EXAM: If you have a heart condition, had a recent heart attack, stroke or cardiac stent placement, are taking **Aspirin, and/or Plavix**, you should discuss this with your Cardiologist and/or Primary Care Physician prior to stopping any of these anti-clotting agents. While aspirin alone likely does not increase bleeding risks, the combination of Aspirin and Plavix may well increase the procedure risk. Yet stopping both or one of these agents may not be safe without discussing this with your doctor. Tylenol is okay to take. If you are taking blood thinners such as Coumadin, then you should discuss with your Cardiologist, Neurologist, or Primary Care Physician how to manage your blood thinners, and, **IF** you should stop it before your procedure. However, if you have had a mechanical heart valve, history of a deep clot in your leg, or a pulmonary embolism, then you may need Lovenox or Heparin up to the day of your procedure. If you have diabetes, please follow our attached guidelines. Discontinue any **iron** supplements 5 days prior to your examination.

3 DAYS PRIOR TO YOUR EXAM:

Stop taking all anti-inflammatory medicines such as Ibuprofen, Advil, Naproxen, or Aleve. You can take Tylenol for pain.

The night before your procedure, DO NOT eat solid foods 12 hours before your procedure. Stop drinking 3 hours before your scheduled arrival time.

 EGD ERCP PEG

YOUR PROCEDURE IS SCHEDULED AT THE FOLLOWING TIME AND PLACE:

- Mountain West Endoscopy Center, Old Mill Med Bldg., 6360 South 3000 East, Ste 320, SLC, UT. 801-944-3166**
If not contacted by the day before your procedure, call to pre-register.
- Intermountain Medical Center, 5121 South Cottonwood Drive, Murray, UT. 801-507-3262**
Check in at the Eccles Outpatient Building, Level 2. Free Valet Parking Available.
Call the day before your procedure to pre-register, 801-442-8600 or toll free 888-269-8674
- Davis Hospital & Medical Center, 1600 Antelope Drive, Layton, UT. 801-807-7034** Use the ER Entrance
- Lakeview Hospital, 630 E Medical Dr, Bountiful, UT. 801-299-4657** South Entrance, Same Day Surgery Registration.
- Lakeview Endoscopy Center, 620 E Medical Dr, Suite 200, Bountiful, UT. 801-299-6760** Call the day before your procedure to pre-register
- LDS Hospital, 8th Avenue & C Street, SLC, UT. ~Dr. Batista Only~**
801-408-1057 Entrance West Wing of Hospital. Call the day before your procedure to pre-register, 801-442-8600 or toll free 888-269-8674. Free Valet Parking Available.
- Riverton Hospital, 3741 West 12600 South, Riverton, UT.**
Riverton Hospital will call you prior to your procedure.

Please bring someone with you to drive you home, as you will be sedated/anesthetized for the exam. Taxi drivers are not allowed. You may not drive for 12 hours. The doctor will talk to you after the exam and will give you recommendations for diet, medication, follow up care, etc. Wear comfortable clothing; bring your glasses, hearing aids, insurance card(s) and completed information form. For your safety, no jewelry should be worn **anywhere on your body** the day of your procedure. No valuables should be brought to the center. We are not responsible for patient valuables. We will expect payment of co-pays, coinsurance and deductibles at the time of service. If your insurance requires a referral, you should contact your primary care physician to arrange for us to receive the referral prior to the procedure. Additional information can be found at our website www.mwgi.com.

You may receive FOUR separate bills for this procedure: 1-Physician, 2-Facility, 3-Pathology, 4-Anesthesia

Questions - Call _____